

Hot Stone Massage

The ultimate in relaxation. All the benefits of a body massage with the added bonus of warmed stones to introduce heat and an extra depth of pressure. Its not a luxury it's essential body maintenance!

£38 (55 minutes)

Pregnancy Massage

Using the Baby Mama Bliss technique this relaxing massage provides nurturing care to address aches and pains and aid positive sleep patterns during a time of change for your body.

£38 (55 minutes)

Reiki

A healing energy treatment that uses light touch pressures to rebalance the body and promote a holistic wellbeing of the mind body & spirit.

£30 (45 minutes)

Ear Candling

A relaxing treatment that gently warms the ear canal to improve the flow of trapped wax and debris. Our treatment includes a light sinus drainage massage to improve sensory wellbeing.

£25 (45 minutes)

Reflexology

Focusing on the feet this treatment works on specific pressure points that relate to the body organs to achieve balance and wellbeing. A divine treatment to encourage relaxation and healing.

£30 (45 minutes)

Tanning & Body Improvement

Spray Tan

Why does a little bit of colour make us feel so much better? Boost your confidence, prepare for holidays or glow at special occasions...we only use celebrity favourite ST Tropez. Spray tan give you fast results for an instant colour boost. Choose from classic or dark tan.

£18 (20 minutes)

SALON PACKAGES

Holistic Package

Reflexology, Indian head massage and Reiki

£45 (1.5 hours)

Bliss Package

Back massage, Mini facial, Hand & arm massage

£50 (1.5 hours)

Cream/Mousse Tan

This classic application is massaged into the skin and works with your natural skin tone to ensure your colour is natural and beautiful. Choose from classic, express or extra dark.

£26 (40 minutes)

Body Wrap

Condition your body head to toe with a pampering body wrap. This luxurious treat includes a body exfoliation followed by treatment cream application and a soothing scalp massage while it works its wonders. Choose from nourish peach or detoxifying seaweed.

£38 (55 minutes)

Back Facial

Purify skin prone to oiliness & breakouts with this skin brightening back treatment. Cleanse, extract, exfoliate, electrical high frequency & moisturise.

£25 (25 minutes)

Hair Removal

Waxing

Enjoy smooth hair free skin for weeks. Warm wax applied over the area and removed to remove unwanted hair. All areas and hair types can be treated.

Lip or Chin £6

Brow £9.00

Lip & Chin £10

Basic Bikini £12

Under Arm £10.00

Full Leg £24

1/2 Leg £14

Chest or Back £13

Bikini & Full Leg £28
(10/30 minutes)

Epilation

Intense permanent hair removal for targeted areas. Ideal for light/grey hair and smaller areas.

£15 (15 minutes) £22 (30 minutes)

IPL(Laser) Hair Removal Therapy

Fast and permanent results. We use the latest intense pulsed light (IPL) technology to cool the skin before and after treatment so hair can be treated comfortably and effectively. 6-10 treatments 1 x month recommended. Ideal for all areas and works best on darker hair growth.

From £25 see IPL pricelist for more details.

Spa Package

Body exfoliation, Nourish or detox body wrap, Scalp massage, File & polish nails, File & polish toes

£60 (2 hours)

SALON PARTIES

If you're looking for a party venue where you'll be treated like the VIP you deserve to be then come to Skin Couture.

Please contact us for a chat if you need more details or visit www.skincouturebeauty.co.uk



SKINCOUTURE

luxurious beauty therapies

Treatment Price List

NAIL TREATMENTS

Beauty Essentials

File & Polish

Refresh your look by tidying up the nails and adding a new colour. Can be applied on hands or feet.

We use long-wear VINYLUX polish by CND for high shine colour all week long.

Nails £12 / Toes £14 (15 minutes)

Advanced Results

Manicure

Show your hard working hands some TLC with a Skin Couture manicure. This includes skin, nail & cuticle care, a luxurious massage & masque completed with the VINYLUX nail colour of your choice.

Mini £16 / Standard £22 / Gel £28
(30/55/55 minutes)

Pedicure

Treat your feet with a Skin Couture pedicure. This includes skin, nail & cuticle care, nourishing exfoliation, a luxurious massage & masque, hard skin removal completed with the VINYLUX nail colour of your choice.

Mini £20 / Standard £26 / Gel £32
(40/55/65 minutes)

Gel Polish

Beautiful nails create a great first impression whether subtle & sophisticated, confident & bold or adding fun with colour there's a nail treatment to suit you! If your feet or hands are already in great condition or you're simply short on time then you can pop in for a gel polish application and enjoy the benefits of high shine gel colour for the next 2 weeks.

Gel Application £22 (45 minutes)

Gel Removal & Reapplication £26 (1 hour)

Gel Polish Removal

When the time comes to take off your gel polish don't pick it! Come to us for a professional removal and leave with beautifully nourished natural nails.

£10 (15 minutes)

Nail Art

Addition to any manicure/pedicure.

Accent Nail Free £2 per nail / Full Set £10

Minx & KOOKY Nail Wraps

The ultimate in dressing your nails kooky nail wraps decorate your nails in style and last for weeks.

Show off your style!

£20 (35 minutes)

IBX Nail Repair

A market first IBX repairs & strengthens nails by infusing product deep into the nail. Not just a cover up it strengthens from within. We've had amazing results... try it for yourself. Can be worn alone leaving a buffed nail look or idea under shellac.

IBX Single Treatment £10

Course of 4 £35 (20 minutes)

PLEASE NOTE: Prices valid until May 2020

Skin Couture Beauty Salon, Market Place, Caistor LN7 6TW

EYE TREATMENTS

Beauty Essentials

Brow Shape/Wax

A treatment to remove unruly brow hairs to flatter your facial features and give you a more polished appearance. Your therapist can advise if a tweeze, wax or thread (or even a mixture of all three) is the best solution for you. **£9.00 (15 minutes)**

Brow/Lash Tinting

Tint your lashes &/or brows to add colour and definition that will enhance the natural beauty of your eyes and cut down on make up time.

Brow Tint £7 / Lash Tint £12

Lash & Brow Tint £17 (10/20 minutes)

Eyelift

Often the eyes age first. Skin Couture's eye lift treats this delicate area using products designed to target common eye problems such as dehydration and puffiness, but it also goes a step further using micro current technology to gently lift dropped contours. This treatment can be booked alone but it also works well when combined with a facial treatment or a part of a course.

Eyelift £22 / Course of 4 £80 (25 minutes)

Advanced Results

HD Brows

A hot celebrity favourite....HD brows' famous seven-step brow programme is the ultimate brow make over that creates a face framing brow with a colour and design unique to you.

£25 (45 minutes)

PLEASE NOTE:

Tinting, lifting, lashes, lash extensions & microblading brows require a skin test 48 hours before treatment.

FACE TREATMENTS

Hands on Facials

Taster Facial

A mini facial to cleanse, exfoliate and nourish your skin, A little delight! Perfect if you wish to sample our skincare product ranges, give your skin a mini boost or get customised skincare advice for your specific concerns.

£25 (25 minutes)

Skin Nutrition Facial

Feed your face with this customised skin care treatment using vitamin rich fruit, flower & vegetable extracts to leave your skin calm & radiant. With products & massage techniques adapted to suit your skin type and individual concerns.

(55 minutes, Rose & Botanicals 75 minutes)

Lash Enhancements

For special nights out to long holidays we have the lash solution for you. Full lashes open your eyes and add a youthful flutter and help you look fantastic even without make up. Go natural or for full-on glamour...lashes to suit your personality.

Full Set Lash Application £44 (Up to 2 hours)

Lash Infill £25 (45 minutes)

Lashlift

Make the most of your natural lashes with an eye opening lash lift. No additions just your natural lash at its best. This treatment includes a lash tint after the lift.

£30 (60 minutes)

Microblading & Cosmetic Tattooing By Gillian Jackson Aesthetics

Perfect brows that last for 12 months. No more need for brow pencil this semi permanent treatment adds colour and definition ideal for brow reconstruction, to fill in shape, cover gaps or for thinning/brow loss.

Consultation £25 redeemable against treatment (30 minutes)

Brows £250

Lip Blush £200

EyeLiner Upper & Lower £120

EyeLiner Upper or Lower £75

Annual Top-Up or Bi-Annual Colour Boosts from £75

Choose from:

Camomile Calming for Sensitive Skin. Sensitive skin can be prone to reaction and redness. The Camomile facial uses a pressure point massage which calms nerve endings, and a cooling gel masque to soothe redness **£40**

Lime Deep Cleansing for Oily Skins. Overactive skins can suffer with shine and breakouts. This facial includes a toxin drainage massage and dual clay masque designed to attend to the needs of an overactive skin, gently reducing the oil production, purifying and calming problem breakouts. **£40**

Raspberry Hydration for Dehydrated Skin. Dehydration is a common skin problem that can leave skin looking tired and old. The Raspberry facial includes an intensely hydrating pineapple cream massage and raspberry flexi peel masque which leave the skin looking softened and more youthful. **£42**

Carrot Radiance for Dull Skin. Pollution and stressful daily life can have a negative impact on our skins health. The Radiance facial uses an exfoliating peel and pressure point massage to boost skins radiance leaving you with improved skin condition and a youthful glow. **£42**

Rose Anti Ageing for Smoothing & Firming. The natural ageing process can cause wrinkles as the skin loses its natural lift and plumpness. Deeply nourishing and luxurious, the Rose facial has been created for any skin concerned with ageing. The extended time includes two wrinkle fighting masques, one to intensely exfoliate, stimulating cell renewal and a 3C collagen bio masque to infuse the face and neck with skin plumping collagen. **£55**

Botanical youth solutions for intensive hydration. An Intensive Botanical Prescription facial uses plant stem cells, Hyaluronic acid and vitamins B3 & B5 to instantly moisturise and regain the youthful suppleness, smoothing the skin to restore a youthful feel. This treatment can also be tailored for emergency skin care. In the case of skins in crisis, suffering ongoing reaction or flare ups we recommend a course of 4 treatments. **£55 / Course of 4 £195**

Elizabeth Arden PRO Prescription Facial & Peel

Elizabeth Arden PRO is a skincare range has been designed by Elizabeth Arden especially for use in salons. This is perfect for experienced skincare users who want to take their daily homecare routine to the next level. We recommend starting with a salon facial to boost the skin and then continuing the skin improvement at home with the expertly designed homecare products. This facial is also fantastic if you are trying to get your skin in great shape for a special occasion. A power facial to enhance, balance, hydrate and improve the appearance of skin. Rejuvenate and visibly improve skin and give a jumpstart to your EA PRO homecare routine. New to skincare? Then try the hands on relaxation of an EA PRO Prescription facial. Short on time but want big results? Try EA PRO Lunchtime power peel.

Lunchtime Power Peel £34

Prescription Facial £44

Prescription Facial & Peel £58 (50 minutes)

BODY TREATMENTS

Massage & Holistics

Recharge Back Massage

Our recharge massage focuses on the key problem areas of back, neck & shoulders. If you would prefer to use some of your treatment time to focus on scalp, hands or feet just let your therapist know at consultation and we'll include that too.

£25 (25 minutes)

Deep Sleep Body Massage

You need a week off but in reality you can only spare an hour or so? A massage treatment will let your body de

Electrical Facials

Silhouette Non Surgical Facelift (lift & firm all skins)

If you're serious about anti ageing this electrical facial is the answer. Lifts muscles & infuses skin with hydration. This is a workout for your face. Short on time? Try the MINI LIFT. We recommend a course of six 1-2x per week. **Non Surgical Facelift £38 (50 minutes)**
Book Six £205 / Mini Lift £25 (25 minutes)

Flawless Facial

(deep cleanse and brighten all skins)

To smooth and balance, this facial uses targeted skin extractions and electrical skin care technology to decongest, calm, smooth and brighten. It works to purify all skin but is ideal for skins prone to oiliness, congestion & breakouts such as smokers, acne prone, dull, bumpy or spotty skins. **£45 (55 minutes)**

IPL (Laser) Medical Therapy Facial Treatments (anti aging)

Treat specific skin concerns with intense pulsed light therapies (IPL). Effective advanced results for anti aging, pigmentation, broken capillaries and acne. A course of 3 treatments 1 x month is recommended.

From £25 See IPL price list for more details (20 minutes)

Bridal Make Up

Bring out your natural beauty on your special day. Our bridal make up includes a trial at the salon to ensure your make up is designed to suit you and make up on the day at your home/venue.

£60 (1 hour trial & make up)

Make up application

For a special occasion or just to learn some tips to update your look a make up application can help you make the most of your skin and keep you up to date with the latest techniques and products.

£28 (30-40 minutes) Add Lashes £5

stress and your mind detox. Total relaxation, like a spa day that's been squeezed into your lunch break.

£35 (55 minutes)

Indian Head Massage

An intensive massage focused on the head and shoulders. Perfect to reduce headaches, relieve tension and to encourage healthy hair growth.

£26 (45 minutes)

Aromatherapy Massage

This is a light touch massage technique using pre blended oils which absorb into the blood stream for long lasting effects. Ideal to restore harmony to the mind and body.

£38 (55 minutes)